

FREE – Wednesdays 10:00 – 11:00am (AEST)

Join in person or via web-conference by visiting www.insight.qld.edu.au – Select “Webinars” - Participant code: 52365378.
Insight Training and Education - Queensland - 4th Floor, Biala, 270 Roma Street, Brisbane. (07) 3837 5655
insight@health.qld.gov.au

AUGUST 23

Understanding the Effects of Preloading with Alcohol in Queensland

Dr Grant Devilly
Associate Professor in Clinical Psychology - Griffith University

Preloading with alcohol before entering entertainment districts is a growing trend potentially fraught with harmful consequences and risk taking behaviours. Police and academics worked together in this research retrieving information from over 3000 subjects. Join in hearing the interesting outcomes and conclusions from this research.

AUGUST 30

How to better meet the AOD needs of your LGBTI clients

Shane Garvey
Alcohol and Other Drugs Co-ordinator, QuAC
Ricki Menzies
Training and Development Coordinator, QuAC

Lesbian, gay, bisexual, transgender and intersex (LGBTI) people are over represented in the statistics around substance use. Due to heteronormativity, previous discrimination and lack of knowledge of service providers many LGBTI people are hesitant to access mainstream services.

SEPTEMBER 06

A trip through the garden: plant based presentations

Cameron Francis
Principal Consultant – Dovetail

There are a wide variety of substances occurring in the natural environment. Some plants and mushrooms have long histories of use in different cultures. This presentation will provide an overview of a small selection of naturally occurring substances that clinicians may encounter in their work. It will cover DMT, magic mushrooms, mescaline containing cactus, opium poppies and datura with information on prevalence, effects and potential risks and harms.”

SEPTEMBER 13

A healthy lifestyle approach to co-existing mental health and substance problems

Professor Amanda Baker
School of Medicine and Public Health - University of Newcastle

The 20 year gap in longevity between people with, versus without, co-existing mental health and substance misuse problems has drawn recent focus to quality of life and physical health more broadly. This presentation focuses on the progression from single focus (mental health) to dual focus (mental health and substance misuse) and then to a broader recovery focus and recommendations for conceptualising, screening and addressing substance use disorders within mental health systems.

**NO SEMINARS SEP 20 & 27
DURING OLD SCHOOL HOLIDAYS**

OCTOBER 04

AOD and the Law – What you should know

Jeff Buckley
Director, Statewide Clinical Support Services (Insight/Dovetail)

What are the important, practical things every AOD worker should know about the law and legal processes in respect to AOD to best assist their clients. Find out in this informative presentation what resources you may have at your disposal.

OCTOBER 11

Substance use disorders among Aboriginal and Torres Strait Islander People in custody: a public health opportunity

Dr Ed Heffernan
Director – Queensland Forensic Mental Health Services,
Associate Professor - University of Queensland

This study has determined important, additional clinical information that has enhanced the understanding of treatment needs for substance use problems amongst Indigenous Australians. Culturally capable alcohol and other drug treatment services in custody and in the community are critical, and should be co-located and coordinated with mental health services.

OCTOBER 18

GEM: Growth and Empowerment Measure

Professor Melissa Haswell
School of Public Health and Social Work, QUT

A look into collaborative research outputs in Aboriginal health including the Growth and Empowerment Measure (GEM), the Critical Success Factor Toolkit and the Protocols for the Delivery of Mental Health and Social and Emotional Wellbeing Services in Indigenous Communities.

OCTOBER 25

“Getting Ready for Change”: Improving entry and retention into allied health services

Kim Sander and John Kelly
Director Allied Health Services, Allied Health Manager, Metro North Mental Health – Alcohol and Drug Service

Studies of attendance in alcohol and drug treatment settings provide strong support for scheduling clients as soon as possible. Missed appointments are costly to the service but more importantly to the client, as they often lead to an exacerbation of symptoms. Learn what has been done to achieve positive outcomes including increased appointment attendance, increased treatment retention rates and increased client satisfaction.

NOVEMBER 01

New services for comorbidity – Addiction and Mental Health Short Stay Unit

Dr Shaladran Padayachee and Staff
Addiction and Mental Health Short Stay Unit - Logan Hospital
Metro South Addiction and Mental Health Service

This short stay facility encompasses specialised acute observation and treatment, patients being treated as self-determinant individuals and use of a collaborative approach to the delivery of addiction and mental health care. To date, the unit has shown promising results. Find out more from this presentation about what works.

NOVEMBER 08

Smoking Cessation Clinical Pathway Project: A new approach

Natalie Davis
Health Promotion Officer - Addiction Services, PAH
Deepali Gupta
Senior Pharmacist - Preventative Team PAH

We need to be careful not to look past smoking when assessing other drugs. This presentation will provide information on how the Metro South Smoking Cessation Project is making a difference by increasing focus towards smoking cessation for patients/consumers and aiming to reduce the prevalence of smoking and the inequalities it causes.

NOVEMBER 15

Treating eating disorders made easy

Associate Professor Warren Ward
Director - QuEDS

All you need to know about defining, classifying, understanding prevalence, causes, mortality and course of eating disorders. You will also get a practical guide to engagement, assessment, treatment, risk assessment and criteria for admission. This presentation concludes with an overview of evidence-based treatment strategies for developing and maintaining therapeutic alliance.

NOVEMBER 22

Alt-truth and the post truth world. Where does AOD evidence fit in Trump’s universe?

Dr Jeremy Hayllar
Clinical Director
Metro North Mental Health – Alcohol & Drug Service

At a time when established truths are questioned, when feelings ‘trump’ facts, when the role of the ‘expert’ no longer commands respect, how should we approach the evidence base underpinning the work of Alcohol and Drug Services? Perhaps the narrative is the answer to engaging a sometimes hostile public